

Sheng Zhen Wuji Yuan Gong

Qigong of Unconditional Love at B.C., Canada

The journey back to one's true home is a journey into one's own Heart - a journey into the heart of existence - back to that "nothingness" from which everything arises. To attain this state is to know one's place in the scheme of things - to always be at home no matter where one is - to always experience wholeness no matter what the circumstances of one's life may be. To attain this state is to merge with all and to know that there is only One. - Master Li Jun Feng



Magical Wuji Yuan Gong & Other Qigong Workshops

- 3 Day Tai Chi for Enlightenment (*Wuji Qigong*)
Taoist Immortals Standing Qigong Workshop
- 3 Day *Sheng Zhen Healing Qigong* Workshop
Removal of Disease in Three Parts:
Part I: The Gathering of Healing Qi from the Universe
Part II: The Processing of Healing Qi in the Human Stove
Part III: The Alchemy Frees the Source Within
- 3 Day *Kuan Yin* Sitting and/or Standing Qigong
with *Jesus* Sitting and/or Standing Qigong Workshop
- 3 Day *Mohammed* Sitting and/or Standing Qigong
with *Return to Spring* Workshop
- [Sheng Zhen Qigong Omkabah Lightbody Activation](#)
Ascension Technique and [two Qigong instructional DVDs](#)
published and rendered by Ricardo B. Serrano, R.Ac.
are included and distributed with each Qigong workshop
to exponentially accelerate healing and enlightenment, and
return to oneness and embody the spirit of Sheng Zhen
- 15 Day [Cosmic Heart Spiral of Love Workshop](#)
with all the above Healing & Wuji Qigong forms included

Over 2000 scientific studies at Qigonginstitute.org have documented Qigong to be effective in treating most chronic illnesses including allergies, arthritis, asthma, cancer, digestive disorders, drug addiction, hormonal imbalances, hypertension, immune disorders, and strokes, to name just a few. According to the Journal of Psychosomatic Research, Qigong was found to be highly effective in reducing stress responses, and helped lower the incidence of anxiety, depression, fatigue, and general mood swings (Vol 33, Pp 197-206).

By enhancing your immune system, it stops potential illnesses *before* they get started. It dramatically increases your energy level, allowing you to be more effective at what you do. No matter what profession you work in, regular practice of Qigong will allow you to stay centered and calm, even in the midst of seeming chaos.

Once you tap into the inner workings of the life force you can channel your newfound wisdom into any area of your life. Qigong and alchemy allow you to actively participate in your spiritual growth. You are guided by trust in your own direct experience of who you truly are - which is love.

NOTE: I would recommend the *Return to Oneness Through Sheng Zhen & Omkabah eBook* with the 2 Qigong DVDs produced and rendered by Ricardo B. Serrano, R.Ac. to supplement the workshops.

Enclosed with the DVDs are documents which will assist the Qigong practitioner to remember the name of each movement for each Qigong form.

I also recommend Master Li Jun Feng's reference books *Sheng Zhen Healing Qigong* and *Sheng Zhen Wuji Yuan Gong: A Return to Oneness*



"Only Unconditional Love and Unity can activate the keys to Ascension"

North Vancouver, B.C., Canada Tel: 604-987-1797
Contact ShengZhen@holisticwebs.com